

Case Study North DV - July 2014

Family Structure

Mother Young person Aged 8yrs

Historic Background (Original Concerns)

- Mum is long term victim of Domestic Abuse and suffers from depression and takes prescribed medication
- Mum has twice attempted suicide
- Father was arrested for DA and issued with a Supervision Order via the court
- Young person was witness to DA incidents and concerns are around his negative behaviour towards his mother
- Mum was dependant on Father having yp when not coping with their behaviour

Other Key Issues

- Mum's low self-esteem and ability to cope with son's behaviour
- Father's influence on young person's behaviour
- Managing young person's contact with father appropriately

Work undertaken

- Regular home visits during each week and relationship building with family through joint activities in the home.
- Direct 1 to 1 work with Mother focusing on building confidence, self-esteem and access to opportunities.
- Support for mum to explore volunteering opportunities.
- Parenting support and support from Refuge Outreach accessed
- Team Around the Family meetings including school and other partners.
- Supported to access local community resources
- Volunteer peer mentoring agreed by Mum as part of Family Solutions exit

Outcomes to date

- School supporting with 1 to 1 and report good progress
- Statement of Special Educational Needs granted
- Son reaching platinum level at school for effort and achievement
- Confirmed placement on Building Confidence course - Mum is engaged and accessing regularly

- Freedom programme course - Mum engaged and accessing regularly
- Restraining Order withdrawn due to progress made with Mum, Father and Son managing contact appropriately
- Attendance at First Aid course confirmed
- No further incidents of DA since Family Solutions intervention.

Mum and Son have significantly improved their relationship and Mum consistently reports no concerns in this area.

Feedback from Family.

Mum says “It’s been a big help getting me back on my feet and seeing what’s available to me. It’s been reliable too.”